



CRIGGLESTONE ST. JAMES CE PRIMARY ACADEMY

PSHE, including Relationships Education and Health Education

INTENT

Our school vision is to be “Ready for the future” and PSHE and RSE are vital to help us achieve this. We want all our children to be able to confidently discuss their feelings and emotions, to know the importance of wellbeing, both physically and mentally and to have strategies that they can use independently. The school’s PSHE provision promotes positive behaviour and develops confident citizens and successful learners who are creative, resourceful and able to identify and solve problems.

At St James we use SCARF, a comprehensive whole school scheme of work, to deliver PSHE and RSE. SCARF provides a comprehensive spiral curriculum for PSHE and RSE education, including mental health and wellbeing. There is planned progression across the SCARF scheme of work, recurring themes mean that lessons build upon prior learning and children are increasingly and appropriately challenged as they move up through the school. Children are encouraged to understand how their choices and behaviours can affect others and how to build positive relationships that will help them to be ready for the future.

IMPLEMENTATION

We use a pedagogical approach when teaching PSHE and RSE. Daily review is used to develop vocabulary and recap prior learning and quizzes are used to remind children of previous learning and activate prior learning. New information and knowledge is introduced in small steps. Questioning is used to check understanding and to support children to make connections, give opinions and apply their understanding, as well as to develop their emotional literacy.

We use the SCARF curriculum to ensure that learning is planned sequentially and builds on prior knowledge. Children’s learning is recapped and then built upon throughout the spiral curriculum, this is supported by pedagogical approaches which helps children to know more and remember more.

The social and emotional development of pupils is embedded throughout the school’s curriculum and culture, giving children the skills and attributes to negotiate, discuss and share their viewpoints and stand up for themselves now and in the future.

The school actively teaches and promotes the key skills children will need to enter the wider world, for example, kindness, empathy and resilience, as well as teaching children how to be safe, both in the real and virtual world. These key skills are taught and modelled in lessons, and around school by all staff, they are also discussed and are celebrated in worship assemblies on a weekly basis.

The wider curriculum supports the teaching of PSHE. The use of ‘Big questions’ and provocative statements give children the opportunity to debate and ask questions. They learn how to professionally disagree, using information to come up with their own points of view, whilst at the same time respecting those with differing opinions. The use of Newsround and Picture News, as well as carefully chosen texts, enable children to explore diversity and ethical issues in a safe environment.

We offer wellbeing support to children who have additional emotional and wellbeing needs. Many strategies are used to support children, from daily check-ins to wellbeing groups. Groups are led by our Wellbeing Champions, who have accessed training from Place 2 Be and CAMHs. Wellbeing Champions explore emotions with children and share and model strategies that children can use independently to self-regulate and positively manage their own emotions.

In turn, children at St James gain the knowledge, skills and understanding they need to lead confident, healthy and independent lives, supporting them to be ready for their future.