



## Crigglestone St James Academy - Physical Education Curriculum

Year A	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor
<b>Reception</b>	Body Management	Manipulation and Coordination	Dance	Speed, Travel, Agility	Gymnastics	Cooperate and Solve Problems	Dance	Manipulation and Coordination	Body Management	Athletics	Cooperate and Solve Problems	Speed, Travel, Agility
<b>Key Stage 1</b>	Foundations	Attack, Defend, Shoot	Dance	Send and Return	Gymnastics	Attack, Defend, Shoot	Dance	Hit, Catch, Run	Gymnastics	Athletics	Orienteering	Hit, Catch, Run
<b>Lower Key Stage 2</b>	Foundations	Football	Dance	Hockey	Gymnastics	Netball	Dance	Badminton	Gymnastics	Athletics	Orienteering	Cricket
<b>Upper Key Stage 2</b>	Foundations	Football	Dance	Hockey	Gymnastics	Netball	Dance	Badminton	Gymnastics	Athletics	Orienteering	Cricket

Year B	Autumn 1		Autumn 2		Spring 1		Spring 2		Summer 1		Summer 2	
	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor	Indoor	Outdoor
<b>Reception</b>	Body Management	Manipulation and Coordination	Dance	Speed, Travel, Agility	Gymnastics	Cooperate and Solve Problems	Dance	Manipulation and Coordination	Body Management	Athletics	Cooperate and Solve Problems	Speed, Travel, Agility
<b>Key Stage 1</b>	Fundamental Skills	Attack, Defend, Shoot	Dance	Send and Return	Gymnastics	Attack, Defend, Shoot	Dance	Hit, Catch, Run	Gymnastics	Athletics	Orienteering	Hit, Catch, Run
<b>Lower Key Stage 2</b>	Pilates	Basketball	Dance	Handball	Gymnastics	Tag Ruby	Dance	Tennis	Gymnastics	Athletics	Orienteering	Rounders
<b>Upper Key Stage 2</b>	Pilates	Basketball	Dance	Handball	Gymnastics	Tag Rugby	Dance	Tennis	Gymnastics	Athletics	Orienteering	Rounders