



# Reception - Knowledge Organiser - PE

## Unit - Manipulation and Coordination

### Inspirational Athletes

**Cristiano Ronaldo** (DOB: 5/2/1985). Juventus and Portugal. Most goals and assists in the Champions League. Donated over £1 million to Portuguese hospitals. Charity work: <https://www.thesun.co.uk/sport/football/4966031/cristiano-ronaldo-23-reasons-love/>



**Gareth Southgate OBE** (DOB: 3/9/1970). England Manager. Missed a penalty in 1996 Euros semi finals vs Germany and the country turned on him. World Cup 2018 – semi finalists. Euro 2020s – Finalist. Mixed experience with youth. Trusted his players to perform when needed.



### Equipment

Beanbags, cones, quoits, small balls, medium balls, bibs, music player

### Prior Learning

Participate in a range of agility based activities involving moving and controlling objects  
Recognise the difference between actions such as: moving softly, quietly, quickly and powerfully  
Relate body movements to music

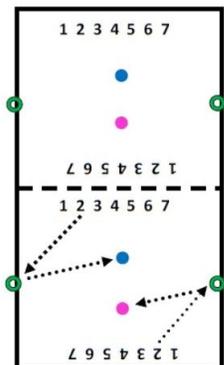
### Subject Specific Vocabulary

Coordinate	Ability to relate body through movement and the ball.
Dribble	Moving with a ball at your feet using slight touches to move in different directions.
Send	Passing the ball to another player or shooting to score.
Receive	When you are given the ball by a team mate.
Accurate	When your pass/shot goes where you intend it to go.



### Diagrams

#### Activity: Numbers



### Sticky Knowledge

To listen to instructions from an adult.  
To follow instructions which are given.  
If you find something difficult ask for help.  
To share apparatus with your team mates.  
When you send a ball you need to say your team mates name.  
When you receive a ball use soft feet so the ball doesn't bounce away.  
Take your time when sending a ball so that it is accurate.

### Outcome

#### Intra House Competition

- Children to participate in a range of competitions using the techniques learnt using their hands and feet.

#### Weekly

- In provision/during lunchtime there will be opportunities for children to practise their manipulation and coordination skills.



# Key Stage 1 - Knowledge Organiser - PE

## Unit - Attack, Defend and Shoot

### Inspirational Athletes

**Sadio Mane** (DOB: 10/04/1992). Religion – Muslim. Liverpool and Senegal. 2019 – Donated £250,000 to build a school in Bambali, Senegal. 2021 - Donated £500,000 to build the first hospital in Bambali, Senegal.



**Alex Scott MBE** (DOB: 14/10/1984). Retired Arsenal and England. MBE for her services to football. TV presenter and pundit. 140 appearances for England and represented Team GB at the 2021 Olympics. First female commentator to feature in a football game - Fifa 22.



### Equipment

Size 3 footballs, small balls, large balls, beanbags, cones, hoops, quoits, goals, bibs

### Prior Learning

Begin to pass a ball with a dominant foot in a desired direction.  
Begin to receive a ball with some control.  
To dribble with a ball practicing with the inside of both feet.  
To move with some fluency, changing direction and speed.  
To explore different ways to move and use the ball with some control.

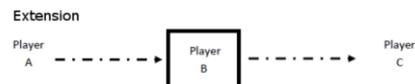
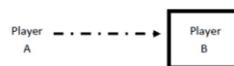
### Subject Specific Vocabulary

Ball Control	Having the ball comfortably at your feet without losing it or letting it roll away.
Combinations	Linking two movements together e.g dribbling and passing
Strategies	A plan of action designated to achieve an aim e.g. attack or defence
"Maradona" Turn <a href="https://www.youtube.com/watch?v=BqZfsuMw9r0">https://www.youtube.com/watch?v=BqZfsuMw9r0</a>	Stopping suddenly then redirecting the ball in a different direction.
Step Over <a href="https://www.youtube.com/watch?v=holyqNJ-gVg">https://www.youtube.com/watch?v=holyqNJ-gVg</a>	A dribbling move where the dribbler feints to go one way and moves the other.



### Diagrams

#### Activity: Control and Pass



#### Maradona Turn



### Sticky Knowledge

Face your body in the direction you want to kick the ball.

Use the middle of the inside of your foot when passing to your team mate.

Soft touches will help you keep control of the ball.

Trap the ball with the inside of your foot and not putting your foot on top of the ball

When you receive the ball, control it before you send it.

### Outcome

#### Intra House Competition

- Children to be in their houses and compete against each other in small sided football fixtures.
- Children to play and score keep.

#### Weekly

- During lunchtime provision – football zone



# Lower Key Stage 2 - Knowledge Organiser - PE

## Unit - Football

### Inspirational Athletes

**Marcus Rashford MBE** (DOB: 31/10/1997). Manchester United and England. MBE in recognition of his services for vulnerable children in the UK during Covid 19.



**Lionel Messi** (DOB: 24/06/1987). PSG and Argentina. Ballon d'Or winner 6 times. Most goals in La Liga – 474 (End of 20/21 season) Diagnosed with a growth hormone disorder and needed treatment to help him to continue to grow at a normal level. Without the treatment he wouldn't have signed for Barcelona.



### Equipment

Size 3 footballs, small balls, large balls, beanbags, cones, hoops, quoits, goals, bibs

### Prior Learning

Begin to link combinations of dribbling and passing/dribbling and shooting.  
To have more control when passing a ball over a short distance.  
To dribble with more ball control changing direction and speed.  
Begin to communicate with peers during invasion games to build attacking play.

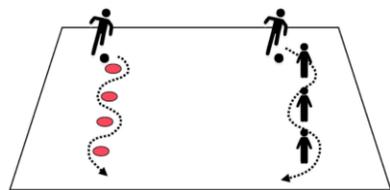
### Subject Specific Vocabulary

Collaborate	Working together to achieve a goal.
Possession	The state of owning something e.g. keeping possession of the ball is when your team keeps the ball.
Control	When receiving the ball, it doesn't bounce away and the player keeps possession
Intercept	Tackling an opponent/stopping a pass from getting from one opposing player to another.
Fair Play	Respect the rules of the game and those who give the decisions.



### Diagrams

#### Dribbling Drill



#### Zone Master



### Sticky Knowledge

When playing in games the ball doesn't always have to go forward. Start again from the defence if there is no space.

Move towards the ball when you are receiving it.

If you are running with the ball, you will need to use heavier touches to knock it forwards.

If you are under pressure, keep the ball on your safe side to keep possession.

### Outcome

#### Intra House Competition

- Children to be in their houses and compete against each other in small sided football fixtures.
- Children to play, time keep and score keep.

#### Weekly

- During lunchtime provision – football zone



# Upper Key Stage 2 - Knowledge Organiser - PE

## Unit - Football

### Inspirational Athletes

**Megan Rapinoe** (DOB: 5/7/1985). OL Reign and USA. 2019 - Ballon d'Or Feminin and Best FIFA Women's Player. Advocate for LGBT organisations. She is a social activist who is openly gay and campaigning for gender equality in football. Tokyo Olympics 2020 – Semi Finalist.



**Pele** (DOB – 23/10/1940). Brazil. Regarded one of the greatest players of all time. He is the only player to win 3 World Cups (1958, 1962 and 1970). Brazil's Minister for Sport between 1995 and 1998. He scored 1,283 goals throughout his career.



### Equipment

Size 4 footballs, small balls, large balls, beanbags, cones, hoops, quoits, goals, bibs

### Prior Learning

To dribble with control using different parts of the feet in different directions  
To pass a ball over a longer distance with accuracy and receive it with control.  
Begin to use defensive tactics during invasion games.  
Understand possession of the ball during invasion games

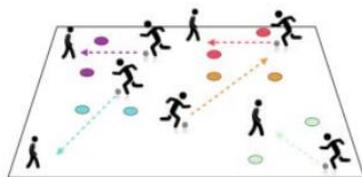
### Subject Specific Vocabulary

Consistent	Performing at a good level over a sustained period of time.
Covering	When another player is out of position and you drop to ensure there is protection.
Overload	When the attacking team has more players in the penetration zone than there are defenders.
Assisting	When you pass the ball to a team mate and they score.
Implement	Putting a tactic/decision into practise

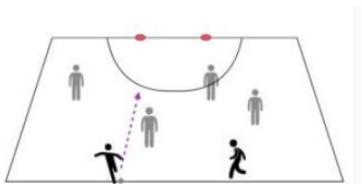


### Diagrams

#### Passing Partners



#### Attack vs Defence



### Sticky Knowledge

When defending work as a pair to improve the defence.

When you receive the ball be confident in dribbling with it and taking an opposing player on.

Communicate with each other (when attacking/defending)

Overload – when there are more attacking players than defending players.

Choose tactics and strategies based on the teams/houses which you will play.

### Outcome

#### Intra House Competition

- Children to be in their houses and compete against each other in small sided football fixtures.
- Children to play, time keep and score keep, coach and referee.

#### Kettlethorpe Pyramid Football League

- Fortnightly fixtures

#### Weekly

- During lunchtime provision – football zone