



CRIGGLESTONE ST. JAMES CE PRIMARY ACADEMY

Physical Education Football Progression Document



‘Ready for the Future’

Physical Education - Intent

At Crigglestone St James Academy, we believe that physical education is vital to pupils' physical, mental, social and emotional development and health. Children at St James are encouraged to reach their full potential in an inclusive and engaging environment which supports and challenges all children. Our aim is for physical education to help children be "Ready for the Future" in all aspects of their life through developing creativity, curiosity and resilience, experiencing leadership and forming social relationships.

We have an inclusive curriculum which allows children to learn new skills, as well as build upon their prior knowledge from past physical education lessons. Our curriculum is based around six key sporting values: determination, passion, respect, honesty, self belief and teamwork. We give our children a breadth of sporting opportunities both within the curriculum and through extra-curricular activities. Children use the sporting values and develop their sporting skills which can lead to representing the school in the intra house and inter school festivals, community festivals, national competitions and other sporting events.

A sports person is more than just excelling in a specific sport. We want our children to understand the importance of leading a healthy lifestyle and know how to take care of themselves both physically and mentally in order to be successful in their future.

Football Journey

Reception

Begin to kick a ball in a desired direction.
To dribble with a ball practicing with the inside of both feet
Move with some fluency, changing direction and speed
Explore different ways to move and use the ball



Year 1

Passing a ball with dominant foot to a partner with some accuracy
Receiving a ball with some control
Begin to dribble with a ball showing some control
Learn simple strategies for an invasion game



Year 3

Pass a ball at different speeds over a short and longer distance with more accuracy and receive with some control
Develop linking combinations of dribbling and passing/dribbling and shooting.
To build attacking plays and maintain possession of the ball
Learn the basic rules of football

Year 2

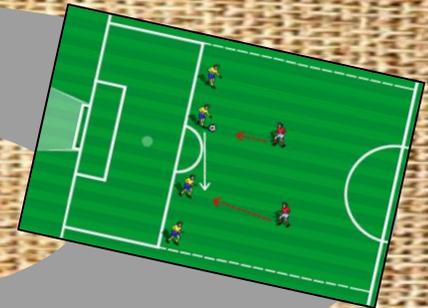
Begin to link combinations of dribbling and passing/dribbling and shooting
Have more control when passing a ball over a short distance
Dribble with more control changing direction and speed
Begin to communicate with peers during invasion games to build attacking play

Year 4

Dribbling with control in different directions using different parts of the feet
Pass a ball over a longer distance with accuracy and receive it with more control.
Begin to use defensive tactics during invasion games.
Communicate with peers to support development

Year 5

Pass and receive with accuracy, confidence and control
Begin to use less dominant foot during drills and games
Develop skills when performing movements at speed
Apply basic principles of attacking and defending into invasion games
Evaluate games and show confidence in leading simple drills.



Year 6

Choose and implement a range of strategies to attack and defend.
To show positional awareness whilst attacking and defending
Perform a wider range of skills during a game format
Suggest, plan and lead simple drills for given skills
Understand the value of teamwork during game scenarios

