



# CRIGGLESTONE ST. JAMES CE PRIMARY ACADEMY

## Physical Education Football Progression Map



‘Ready for the Future’

2020-2021

# Physical Education - Intent

At Crigglestone St James Academy, we believe that physical education is vital to pupils' physical, mental, social and emotional development and health. Children at St James are encouraged to reach their full potential in an inclusive and engaging environment which supports and challenges all children. Our aim is for physical education to help children be "Ready for the Future" in all aspects of their life through developing creativity, curiosity and resilience, experiencing leadership and forming social relationships.

We have created an inclusive curriculum developed with The PE Hub and iMoves (which follows the EYFS framework and National Curriculum). Our curriculum allows children to build upon their prior knowledge from past physical education lessons, learn new skills and be confident in applying these skills. Our curriculum is based around six key sporting values: determination, passion, respect, honesty, self belief and teamwork. We give our children a breadth of sporting opportunities within the curriculum, through our lunchtime provision and extra-curricular activities. Children use the sporting values and develop their sporting skills which can lead to representing the school in the intra house and inter school festivals, community festivals, national competitions and other sporting events.

A sports person is more than just excelling in a specific sport. We want our children to understand the importance of leading a healthy lifestyle and know how to take care of themselves both physically and mentally in order to be successful in their future.

# Football Journey



## Reception

Begin to pass a ball with a dominant foot in a desired direction.  
Begin to receive a ball with some control.  
To dribble with a ball practicing with the inside of both feet.  
To move with some fluency, changing direction and speed.  
To explore different ways to move and use the ball with some control.



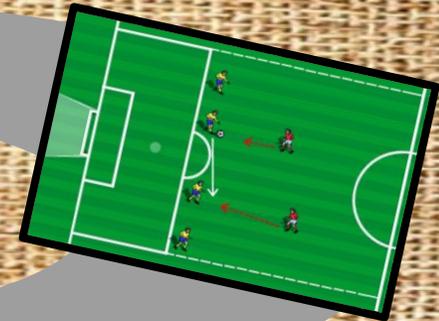
## Key Stage 1



Begin to link combinations of dribbling and passing/dribbling and shooting.  
To have more control when passing a ball over a short distance.  
To dribble with more ball control changing direction and speed.  
Begin to communicate with peers during invasion games to build attacking play.

## Lower Key Stage 2

To dribble with control using different parts of the feet in different directions  
To pass a ball over a longer distance with accuracy and receive it with control.  
Begin to use defensive tactics during invasion games.  
Understand possession of the ball during invasion games



## Upper Key Stage 2

To be confident in using less dominant foot during drills and games.  
Choose and implement a range of strategies to attack and defend.  
To show positional awareness whilst attacking and defending.  
Suggest, plan and lead simple drills for given skills.  
Understand the value of teamwork during game scenarios.

