



CRIGGLESTONE ST. JAMES CE PRIMARY ACADEMY

Physical Education Hockey Progression Map



‘Ready for the Future’

2020-2021

Physical Education - Intent

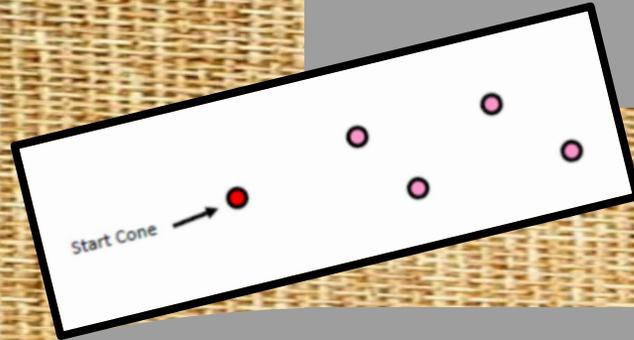
At Crigglestone St James Academy, we believe that physical education is vital to pupils' physical, mental, social and emotional development and health. Children at St James are encouraged to reach their full potential in an inclusive and engaging environment which supports and challenges all children. Our aim is for physical education to help children be "Ready for the Future" in all aspects of their life through developing creativity, curiosity and resilience, experiencing leadership and forming social relationships.

We have an inclusive curriculum which allows children to learn new skills, as well as build upon their prior knowledge from past physical education lessons. Our curriculum is based around six key sporting values: determination, passion, respect, honesty, self belief and teamwork. We give our children a breadth of sporting opportunities both within the curriculum and through extra-curricular activities. Children use the sporting values and develop their sporting skills which can lead to representing the school in the intra house and inter school festivals, community festivals, national competitions and other sporting events.

A sports person is more than just excelling in a specific sport. We want our children to understand the importance of leading a healthy lifestyle and know how to take care of themselves both physically and mentally in order to be successful in their future.

Hockey Journey

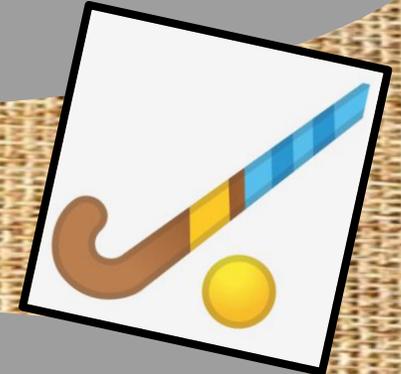
Reception



Children will be able to use a variety of balls showing some control with basic actions.
Develop fundamental movement skills .
Begin to move fluently, beginning to change direction and speed.
Participate in a variety of group games which have rules.

Key Stage 1

Perform a range of actions with control of the ball.
Dribble a ball with control changing speed and direction.
Send a ball to a partner with increasing accuracy and receive a ball with control.
Participate in a range of invasion games.



Lower Key Stage 2



Move a ball under close control whilst changing direction.
Send a ball at different speeds to a partner with increasing accuracy.
Shoot and score with increasing success.
Experiment with different attacking and defending tactics during games.

Upper Key Stage 2

Choose a skill which meets the need of a game situation.
Change speed and direction to move away from a defender.
When defending mark, cover and track opponents appropriately.
Make a decision to pass or dribble to keep possession.
Show good awareness of others in game situations.
To assess different games and adapt with different strategies.