



# CRIGGLESTONE ST. JAMES CE PRIMARY ACADEMY

## Physical Education Netball Progression Map



‘Ready for the Future’

2020-2021

# Physical Education - Intent

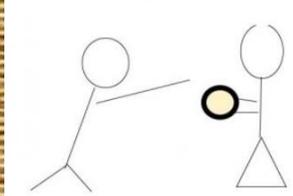
At Crigglestone St James Academy, we believe that physical education is vital to pupils' physical, mental, social and emotional development and health. Children at St James are encouraged to reach their full potential in an inclusive and engaging environment which supports and challenges all children. Our aim is for physical education to help children be "Ready for the Future" in all aspects of their life through developing creativity, curiosity and resilience, experiencing leadership and forming social relationships.

We have created an inclusive curriculum developed with The PE Hub and iMoves (which follow the EYFS framework and National Curriculum). Our curriculum allows children to build upon their prior knowledge from past physical education lessons, learn new skills and be confident in applying these skills. Our curriculum is based around six key sporting values: determination, passion, respect, honesty, self belief and teamwork. We give our children a breadth of sporting opportunities within the curriculum, through our lunchtime provision and extra-curricular activities. Children use the sporting values and develop their sporting skills which can lead to representing the school in the intra house and inter school festivals, community festivals, national competitions and other sporting events.

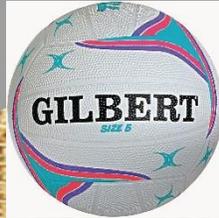
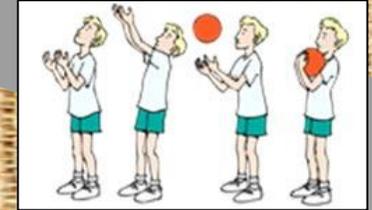
A sports person is more than just excelling in a specific sport. We want our children to understand the importance of leading a healthy lifestyle and know how to take care of themselves both physically and mentally in order to be successful in their future.

# Netball Journey

## Reception



Begin to throw a ball underarm using two hands  
Begin to catch a ball with two hands  
Explore different ways to move and use a ball  
Beginning to work in a team and cooperating with each other  
Explore different ways of travelling



## Key Stage 1

Throw a ball with more control and in different ways (fast, slow, high and low)  
Catch a ball with control  
Pass a ball to keep possession  
Use spatial awareness to be able to receive the ball in space  
Cooperate in teams during invasion games

## Lower Key Stage 2

Learn the positions of high five netball  
Begin to implement the rules of high five netball  
Develop skills of marking and footwork  
Pass the ball using different techniques and in different ways with accuracy  
Use a range of skills to keep possession of the ball to shoot



## Upper Key Stage 2

To work as a team to improve group tactics and gameplay  
Play within the rules using blocking skills for shots and passes  
Develop defensive skills  
Keep possession when faced with opponents  
Evaluate performance during and after a game

