



# Reception - Knowledge Organiser - PE

## Unit - Manipulation and Coordination

**Inspirational Athletes**

Ben Stokes  
 Vice Captain of the England Cricket Team.  
 All rounder – he bats and he bowls  
 Born: 4/6/1991

**Equipment**

Beanbags, mats, cones, quoits, balls, bibs, benches, music, batons, parachute



**Prior Learning**

To send and receive a variety of objects with different body parts.

Work with others to control objects in space.

To be able to coordinate body parts such as hand-eye, foot-eye over a variety of activities in different ways.

**Subject Specific Vocabulary**

Opposition	The people who you are competing against
Dominant Hand	The hand which you are most comfortable using
Competition	An event where you compete against other children
Dribble	To move a ball from point A to point B using small touches
Space	An area of the pitch/court where you are not next to your teammate



**Diagram**

Lesson 2 - Stations

Lesson 4 - Stations

**Sticky Knowledge**

Try not to push and chase a ball, slow down and keep the ball under control.

Your dominant hand is the hand you are most comfortable with when holding a baton.

You need to listen to instructions and follow them, otherwise you won't understand what you're meant to do.

**Outcome**

**Intra House Competition**

Application of dribbling with different equipment (hockey sticks, tennis rackets, batons)

Eggs in the basket (beanbags into the house hoops)



# KS1 - Knowledge Organiser - PE

## Unit - Hit Catch Run

### Inspirational Athletes

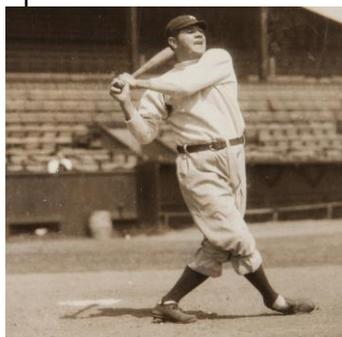
Babe Ruth (1895 – 1948)  
American Baseballer – played for 22 seasons

In one season he hit 54 home runs (in 1920 this was a record). This is now held by Barry Bonds (73 home runs in 2001)

Babe Ruth played for the New York Yankees in the USA

### Equipment

Small balls, large balls, beanbags, cones, hoops, quoits, bats, goals



### Prior Learning

To have developed hitting skills with a variety of bats.

Practised feeding and bowling skills.

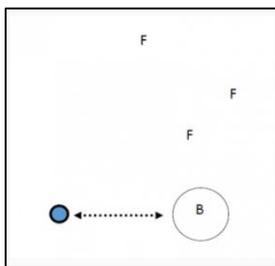
Hit and run to score points in games.

### Subject Specific Vocabulary

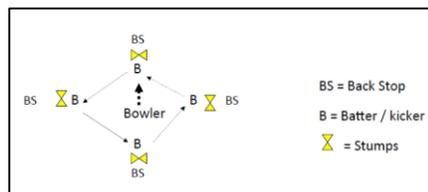
Strike	The moment when the bat hits the ball
Body position/stance	Body needs to be sideways onto the ball (where it is coming from)
Follow through	Keep the bat moving in the direction you want the ball to go
Sportsmanship	Fair and generous behaviour by each team
Tactical Decisions	Developing strategies to get the best outcome



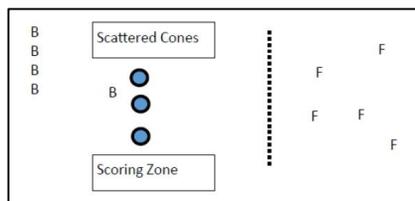
### Diagram



Lesson 1 – 3 vs 1



Lessons 3, 4 and 5



Lessons 6

### Sticky Knowledge

When striking a ball stand sideways (if right handed – left foot and shoulder should be closer to the direction of the ball).

Eyes watching the ball at all times.

When catching a low ball, have your little fingers closer together.

Batting: one handed – choose dominant hand and have the head of the bat pointing upwards.

Batting: two handed – If right handed, right hand needs to be higher up the grip and left hand below

### Outcome

#### Intra House Competition

How many scattered cones can you get into the scoring zones?

Children to participate and begin to think of tactics during a game setting.



# LKS2 - Knowledge Organiser - PE

## Unit - Rounders

### Inspirational Athletes

#### Tammie Anderson – England Assistant Coach

Occupation: Head of Girls Games/PE Teacher at All Hallows Prep School

Experience: I currently play in the Somervale League in Somerset for Tigers and are current division 1 league winners. For the last three seasons I have represented England in the senior squad.

### Equipment

A range of balls, a range of bats, posts, cones



### Prior Learning

To have played simple rounders games.

To apply some rules into games

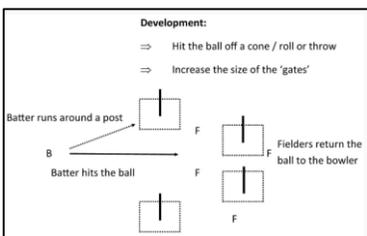
To develop and understand simple rounders skills

### Subject Specific Vocabulary

Accuracy	The ability to control movement in a given direction or at a given intensity
Backstop	The person who is behind the batter during a game.
Stumped	When a fielder touches the post before the batter does with the ball.
Scoring	Rounders and half rounders are recorded throughout a game to determine who the winners are
Consistency	Performing at the same level throughout a game.

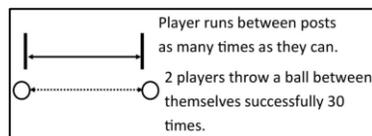


### Diagram

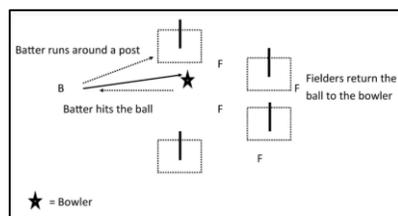


Lesson 1

Lesson 6



Lesson 2



### Sticky Knowledge

An underarm action is needed from box to box when bowling. The ball mustn't bounce between bowler and batter.

Fielders must stay on the inside of the posts.

Batters must run around the posts.

You are not allowed to drop the bat when you run.

When batting, if you run to 2<sup>nd</sup> or 3<sup>rd</sup> base on 1 hit, you get half a rounder.

If you run around all bases on 1 hit, you get 1 rounder.

### Outcome

#### Intra House Rounders Competition

Children are to participate in the competition in their houses.

They are able to decide on their team tactics and score keep.



# UKS2 - Knowledge Organiser - PE

## Unit - Rounders

**Did you know?**

**Kate Halfpenny – England Coach**

Occupation: Assistant Head Teacher – Courthouse Green School, Coventry

Experience: I have represented England and Leicestershire at U21 and Senior level back in the late 90s until around 2006. Currently, I play in the Leicestershire Ladies league for Fianna. I have also previously chaired the Leicestershire League.

**Equipment**

A range of balls, a range of bats, posts, cones



**Prior Learning**

Collaborated as a team to choose, use and adapt rules in games.

Recognise how aspects of fitness link into games of rounders.

Link together a range of skills and use them in combination.

**Subject Specific Vocabulary**

Tactics	An action or strategy which is planned by a team to achieve a specific goal
Deceive	Giving someone a mistaken impression (deceive when bowling – change from slow to quicker)
Gamesmanship	The aim of trying to win without breaking the rules
Fatigue	Tiredness from mental/physical exertion
Innings	A period of time in which a team has a turn at batting



**Diagram**

Lesson 1 Catching a high ball

Challenge: Must use a rounders bat  
Development: Have fewer bases to run around.

Lesson 6

**Sticky Knowledge**

When catching a high ball, keep your thumbs close together and keep your eye on the ball.

If you miss a bowled ball, you have to run to first base.

Batters can run on a no ball, but they can't be stumped out at 1<sup>st</sup> base/caught out.

You can change tactics during your innings depending on results.

**Outcome**

**Intra House Rounders Competition**

Children are to participate in the competition in their houses.

They are able to decide on their team tactics, coach, score keep.